Charter and Private Schools Youth Health and Wellness Coordination Call

April 11, 2023

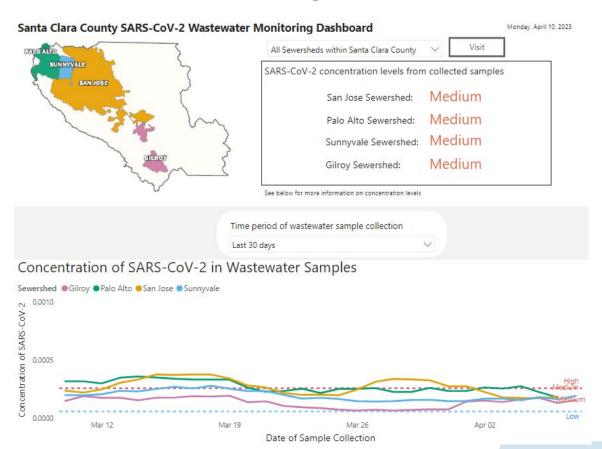
Equity • Diversity • Inclusion • Partnership

Today's Topics

- Public Health updates
 - Wastewater, variants, vaccinations, & treatments
- CDPH & Cal OSHA
 - Review recent changes in guidance
 - Cal OSHA Review
 - Spring Testing Distribution
 - Summer Testing Ordering -serving school age children
 - <u>Testing Update</u>: When to <u>Test</u>
 - One Pill Can Kill and Song for Charlie
 - Upcoming Health Events- Flyers follow
- Resources



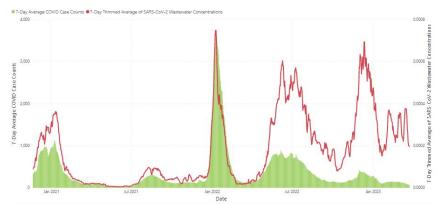
SARS-CoV-2 Wastewater Monitoring



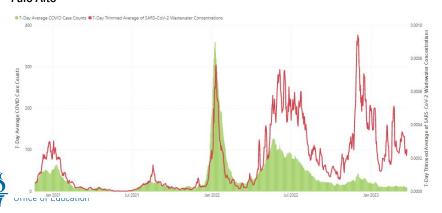


SARS-CoV-2 Wastewater Monitoring

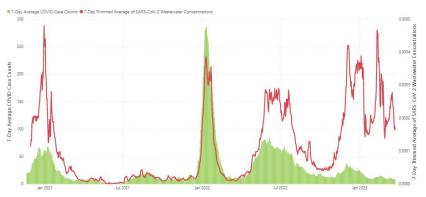
San Jose



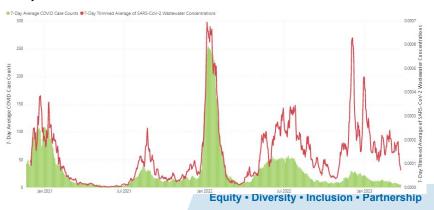
Palo Alto



Sunnyvale



Gilroy



Variant updates

Variant XBB.1.5 is still dominant across the country and locally. <u>The CDC estimates</u> that XBB.1.5 makes up about 88% of cases in the U.S. and about 90% of cases in California. <u>CDPH estimates</u> that XBB.1.5 makes up 98% of cases in the Bay Area.

Vaccinations

Booster update! Children ages 6 months to 4 years old who completed their 3-dose monovalent Pfizer primary series are *now eligible* for a bivalent Pfizer booster. You can get vaccinated through your <u>local healthcare provider</u>, <u>community drop-in clinics</u>, or <u>myturn.ca.gov</u>.

Treatment

If you have COVID-19 symptoms and test positive, do not wait to get treated. Get COVID medications for free by calling 1-833-686-5051 or visiting sesamecare.com/covid.

Appointments and medications are FREE, regardless of insurance or citizenship status. If you need help making an appointment, visit www.sccgov.org/t2t OR email ct2t@hhs.sccgov.org with your name and phone number. Our team will call you within 24 hours.



CDPH Guidance on Isolation

Changes to Isolation Guidance

The California Department of Public Health (CDPH) <u>now advises</u> that a COVID positive person may **end isolation after five days if they feel well, have mild and improving symptoms, and are fever-free for 24 hours** without fever-reducing medication.

After isolation ends, masking is still recommended through Day 10. You may remove your mask sooner than Day 10 if your symptoms are mild and improving, you are fever free for 24 hours without fever-reducing medication, and you have two sequential negative tests at least one day apart.











Cal/OSHA -Safety & Health *

Workers' Comp ▼

Self Insurance ▼

Apprenticeship

Cal/OSHA COVID Prevention Standards Reminders

Employers may require employees to be vaccinated against. (Refer to Cal/OSHA FAQ Vaccines section, Question 4).

Employees are required to mask after returning from isolation through Day 10. (Refer to Cal/OSHA FAQ Face Coverings section, Question 3)

Employees are to required to report when positive COVID 19 and Employers are required to keep records of COVID cases at the workplace. (Refer to Cal/OSHA FAQ COVID-19 Prevention)



Cal/OSHA | COVID-19 Prevention Non-Emergency Regulations

Labor Law ▼

COVID-19 Prevention Non-Emergency Regulations

español

On December 15, 2022, the Occupational Safety and Health Standards Board voted to adopt non-emergency COVID-19 prevention regulations. These regulations took effect on February 3, 2023 and will remain in effect for two years after the effective date, except for the recordkeeping subsections that will remain in effect for three years.

These regulations include some of the same requirements found in the COVID-19 Prevention Emergency Temporary Standards (ETS), as well as new provisions aimed at making it easier for employers to provide consistent protections to workers and allow for flexibility if changes are made to guidance in the future from the California Department of Public Health.

Note: These regulations apply to most workers in California who are not covered by the Aerosol Transmissible Diseases standard.

Non-Emergency Standards

Non-Emergency Standards: Effective February 3, 2023

- COVID-19 Prevention Non-Emergency Standards
 - o 3205. COVID-19 Prevention.
 - o 3205.1. COVID-19 Outbreaks.
 - 3205.2. COVID-19 Prevention in Employer-Provided Housing.
 - o 3205.3. COVID-19 Prevention in Employer-Provided Transportation.



CDPH Spring at-home rapid antigen tests available for pick @ SCCOE.

Weekdays from 8:00 a.m. – 3:30 p.m. Please contact Abir Charara @ acharara@sccoe.org to arrange pick up.

Test allotments have been increased 15% for schools to distribute more tests to families who are un- or under-insured.

Over the counter tests will be available through CDPH for the rest of the school year. Order up to 12 weeks of tests for routine testing needs.





At-home tests for K-12 Summer Programs



CDPH will be providing free OTC tests to Summer programs *serving K-12 students*.

Eligible programs include:

- •On-campus summer school or day camps.
- Overnight summer camps.
- •Non-profit, faith-based, and athletic organizations and city run programs offering day camps or summer programs.

At-home tests can be requested now through **June 16, 2023**, **at 5pm**. No late orders will be fulfilled.

• ORDER HERE: https://labsupport.powerappsportals.us/orderotc/

When to use

AT-HOME COVID-19 TESTS

If you feel sick: Test! Test again 1-2 days later if first test is negative.

Even if you DON'T feel sick, test in the following situations:

Test when you find out AND repeat testing every 2 days for a total of 3 tests.

AFTER travel or large gatherings:

Test when you return AND repeat testing every 2 days for a total of 3 tests.

BEFORE events or visiting:

Take a test just before events or visiting high-risk people(elderly or people with weakened immunity).

Need more tests?

- Take your MediCal or Medicare card to the prescription drop-off counter at a pharmacy for 8 free tests OR
- · Check with your insurance plan for up to 8 free (or reimbursed) athome tests a month.
- Order 4 free COVID-19 tests per household from the US Post Office at: https://special.usps.com/testkits

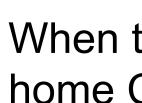
Positive Test?:

- . STAY HOME FROM SCHOOL, let your school know, and follow their quidance!
- Ages 12-49 with medical conditions, or older than 50? Ask about FREE medications for COVID-19 that are safe and highly effective at preventing serious illness.

Find treatment at https://covid19.ca.gov/treatment

Negative Test but COVID-19 Symptoms?:

- STAY HOME FROM SCHOOL until you feel better and meet your school's criteria to return.
- Re-check with another COVID-19 test in 1-2 days.



When to use at home COVID tests





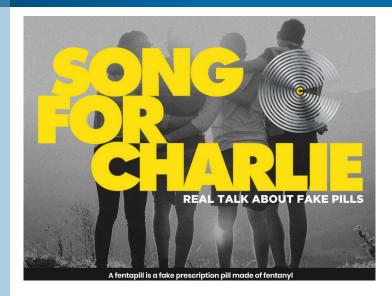
DEA Laboratory Testing Reveals that 6 out of 10 Fentanyl-Laced Fake Prescription Pills Now Contain a Potentially Lethal Dose of Fentanyl

The DEA Laboratory has found that, of the fentanyl-laced fake prescription pills analyzed in 2022, six out of ten now contain a potentially lethal dose of fentanyl. This is an increase from DEA's previous announcement in 2021 that four out of ten fentanyl-laced fake prescription pills were found to contain a potentially lethal dose.

Read more about Lab testing







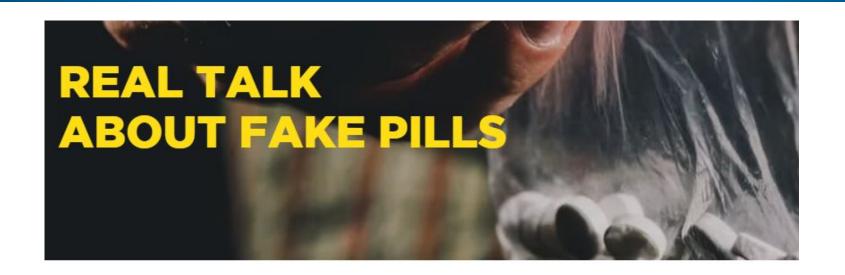
FACTS ABOUT FENTANYL

Learn the FACTS. Accurate, unbiased information about illicit fentanyl and fake prescription pills reviewed by experts in law enforcement, prevention, harm reduction, recovery and more.

GET THE FACTS

THE DRUG LANDSCAPE HAS CHANGED...

- Illegally made fentanyl* dominates the street drug supply, causing record numbers of drug deaths in America.
- Drug users are frequently unaware that their drug contains fentanyl, an opioid 50X stronger that heroin.
- Street drugs like cocaine, ecstasy, heroin and meth often contain fentanyl, without the user's knowledge.
- Fentanyl is used to press fake prescription pills, sold deceptively as Xanax, Percocet, Oxycodone & more.
- Fentanyl is involved in 79% of Gen Z drugs deaths, higher than any other age group.



WHAT'S A "FENTAPILL"?

NO RANDOM PILLS!Here is the bottom line: You have to assume that any "prescription" pill you buy outside of normal channels is fake, and very possibly deadly.





OUR MISSION

Growing up in our fast-paced world is stressful. Song for Charlie is a national family-run, nonprofit charity that encourages young people to choose healthy coping strategies over self-medication. We empower students to learn and share knowledge by providing research tools and promoting peer-to-peer learning programs.

Song for Charlie strives to share accurate, unbiased information about illicit fentanyl and the fake prescription pills that are easily accessible on social media and elsewhere today. The content below has been researched and comes from credible, documented resources. This document has also been reviewed by 10 experts with varied backgrounds, including law enforcement, prevention, harm reduction, recovery, and more.

If you have information that disproves our facts or if you have questions you would like us to research, please email us at realtalk@songforcharlie.org.

BAY AREA

Santa Clara County confirms 1st 'tranq' death

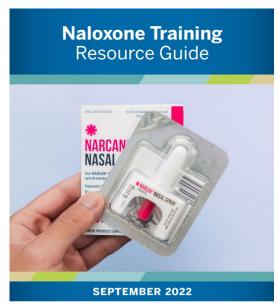


- Xylazine, or "tranq" is a veterinary tranquilizer.
 - Often added to fentanyl or heroin to extend the drugs' effects.
 - No approved usage for humans.
- First confirmed case of an overdose with xylazine and fentanyl in Santa Clara County.
 - Xylazine overdoses more common on the east coast; may continue to be a westward expansion of xylazine.
- Xylazine and opioids often detected together in cases of xylazine toxicity.
 - Xylazine toxicity is not reversed by naloxone, but opioid toxicity still is.
 - Naloxone should still be administered during a suspected overdose to reverse any opioid component.
- Naloxone would not harm someone under the influence of Xylazine.



SCCOE Naloxone Training Guide

SCCOE_Naloxone_Training_Guide_10.20.2022.pdf





Applying for the Naloxone Statewide Standing Order

The statewide naloxone standing order was issued by the state Public Health Officer to allow community organizations and other entities in California that are not currently working with a physician to distribute naloxone to a person at risk for an opioid-related overdose or to a family member, friend, or another person in a position to assist. It was also issued to allow for the administration of naloxone by a family member, friend, or another person to an individual experiencing or reasonably believed to be experiencing an opioid overdose. Many community organizations may be willing to distribute naloxone but may find it challenging to obtain a physician's standing order. In addition, entities eligible to distribute naloxone, such as public health departments, harm reduction/syringe exchange programs, substance use disorder treatment providers, emergency services providers, and schools and universities, may use the statewide naloxone standing order to address their need for a prescription.

Obtaining Naloxone Through the California Department of Health Care Services (DHCS)

The DHCS created the Naloxone Distribution Project (NDP) to address the opioid crisis by providing free naloxone to reduce the number of opioid-related deaths.

All schools applying to the NDP must submit a prescription or standing order for naloxone, as discussed in the previous section of this guide. Schools must submit the following materials for application approval:



Upcoming Health Events- Flyers follow

- Free Vision Clinic: Sunday, April 23, 9 a.m. 5 p.m. at St. John Vianney Community Center, 4602 Hyland Avenue, San Jose The Cupertino de Anza Lions club is hosting a free vision clinic with hopes to serve 500 people. Services include:
 - Issuing recycled eyeglasses.
 - · Ordering new eyeglasses where necessary.
 - · Arranging ongoing treatment or surgery through the Lions Eye Foundation in San Francisco.
- The Public Health Hub/La Plaza de Salud Pública April Resource Fair: Friday, April 28th 1:30 p.m. 4:30 p.m at the Story Road Hub, 1775 Story Road, Suite. 120, San Jose

These monthly resource events support partner agencies to reach communities in need of services for recovering from the impacts of COVID-19. In this safe space, community residents can connect and learn about and access available resources and receive the vaccines against COVID-19 and the flu. Please pass out the attached flyers to your networks.

Silicon Valley Health Smiles May 20-21, 2023 6 am-4 pm.

San Jose Convention Center, South Hall

435 South Market Street, San Jose, CA

Services include cleanings, fillings, extractions, root canals (front teeth) and stayolaes (retainer-like appliances to replace front teeth). Prescreen patients on Friday May 19, beginning at 3 pm. Lean more at www.sccdf.org/svhs

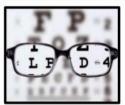


GRATIS

Clinica de ojos

Domingo, 23 de Abril, 2023 (9:00 a.m. to 5:00 p.m.)

Ubicado en St. John Vianney Centro Comunitario, 4602 Hyland Avenue, San Jose



Servicios incluyen:

- Consulta con un optómetra
- Examen de visión & Glaucoma
- Anteojos reciclados
- Otros servicios de ojos

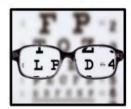
NO SE REQUIERE SEGURO MEDICAL O DOCUMENTACION

FREE

Eye Clinic

Sunday, April 23, 2023 (9:00 a.m. to 5:00 p.m.)

Located at St. John Vianney Community Center, 4602 Hyland Avenue, San Jose



Services Include:

- Eye Doctor Consultation
- Vision & Glaucoma testing
- Recycled Eyeglasses
- Other eye-related services

NO MEDICAL INSURANCE OR DOCUMENTATION REQUIRED

Para Unete:

- . Elija
 - 9, 10,11 aM, 12, 1, 2, 3, 4 pM
- Envia un mensaje de texto con nombre de pila, número de pacientes, hora del día al (408) 596-3692

To Sign Up:

- Choose a time from
 9, 10, 11 AM, 12, 1, 2, 3, 4 PM
- . Send a text containing

First Name, number of patients, hour of the day to

(408) 596-3692

Patrocinado por el Cupertino De Anza Lions Club Sponsored by Cupertino De Anza Lions Club (A 501(c)(3) Non-profit Organization)











PUBLIC HEALTH HUB: RESOURCE FAIR LA PLAZA DE SALUD: FERIA DE RECURSOS

We will offer vaccines, food boxes, and resources from local agencies. All free.

Friday, April 28, 2023 1:30 pm - 4:30 pm Ofreceremos vacunas, cajas de comida, y recursos de agencias locales. Todo gratuito.

viernes, 28 de abril de 2023 1:30 pm - 4:30 pm



FREE DENTAL CARE May 20-21, 2023 6 am – 4 pm

San Jose Convention Center, South Hall 435 South Market Street, San Jose, CA



Services include cleanings, fillings, extractions, root canals (front teeth) and stayplates (retainer-like appliances to replace front teeth)

We will prescreen patients on Friday, May 19, beginning at 3 pm

Learn more at www.sccdf.org/svhs





REFERENCES & RESOURCES





Flowcharts

COVID-19 Guidelines for the General Public - Emergency Operations Center -County of Santa Clara (sccgov.org)



I tested positive for COVID-19

What do I do?



ISOLATION



Stay home for at least 5 days.

Day 0 is the day symptoms started (or the date of your positive COVID-19 test, if you do not have symptoms).

Visit sccgov.org/t2t to learn about treatment options.

Do you have symptoms at Day 5?





Continue to stay home...

Until Day 10 <u>OR</u> until you are fever-free for 24 hours (without fever-reducing medication) and symptoms are mild and improving.



End isolation after Day 5.

Wear a mask through Day 10 <u>OR</u> until you take a total of 2 negative tests, with at least 1 day in between tests.

covid19.sccgov.org





Tested positive

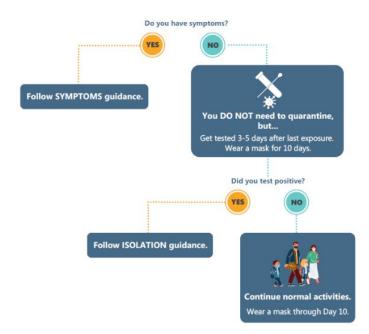


I was exposed to someone with COVID-19

What do I do?







Close contact

covid19.sccgov.org





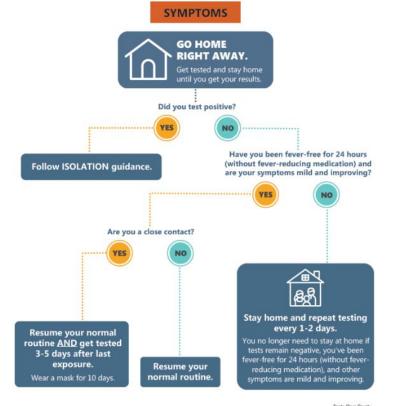
I have symptoms of COVID-19

What do I do?





Symptomatic







Cal/OSHA Consultation line

•If you are an employer who wishes to obtain assistance from Cal/OSHA Consultation, or want to learn more about what services are available, you can do so by calling the toll-free assistance number, 1 (800) 963-9424.

•If you want to arrange an on-site visit or obtain technical information, you can contact the Cal/OSHA Consultation area office nearest your workplace or you can email us at lnfoCons@dir.ca.gov.



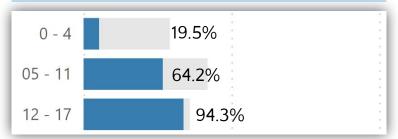
Vaccination stats

COUNTY OF SANTA CLARA POPULATION

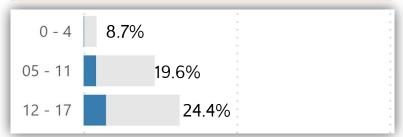


Vaccination percentages for children in Santa Clara County

Number of eligible residents who have completed primary series vaccinations



Number of eligible residents who have received updated bivalent booster





Updated COVID booster

AN UPDATED COVID-19 VACCINE **HELPS SAVE LIVES**

Vaccinated people* who received an updated COVID-19 vaccine were

14X less likely to die

compared with those who received no vaccine

3X less likely to die

compared with those who received only the original COVID-19 vaccine(s)

People ages 12+ who got their last COVID-19 vaccine dose before September 2022 should get an updated vaccine



Completed the original COVID-19 vaccine primary series and/or original booster(s)

bit.ly/mm7206a3

FEBRUARY 10, 2023

COVID-19 Incidence and Mortality Among Unvaccinated and Vaccinated Persons Aged ≥12 Years by Receipt of Bivalent Booster Doses and Time Since Vaccination — 24 U.S. Jurisdictions, October 3, 2021-December 24, 2022 | MMWR

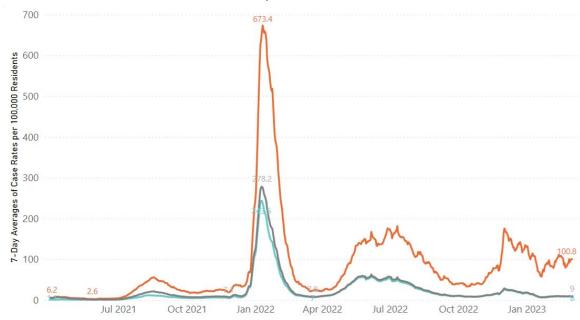


Study looked at

- 21 million cases
- 115 thousand deaths
- 24 jurisdictions

COVID cases by vaccine status

Unvaccinated individuals are 12.6x more likely to become infected with COVID.





OTC Testing Expiration Extension Resources

COVID-19 Antigen Self-Test Expiration Extensions

InteliSwab COVID-19 Rapid Test Extension

FDA At-Home OTC COVID-19 Diagnostic Tests Extensions





Charter and Private Schools' COVID-19/ Youth Wellness Coordination Meeting Schedule

June 6, 2023



COVID 19 Designees 2023 Meeting Schedule

- April 20th
- May 4th
- May 18th
- June 1st
- June 15th
- June 29th

Office Hours are held in the weeks between meetings.



Thank you!

David Putney, Ed.D.

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David_putney@sccoe.org

Strategie_Ashiover_Competition_Futuristic

Strategic - Achiever - Competition - Futuristic – Ideation

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- www.sccoe.org

